Puyallup H.S. Pool Rules

1. Horseplay such as running, splashing, shoving and dunking prohibited.
2. Use by anyone with a communicable disease prohibited.
3. Use by anyone who has been ill with vomiting or diarrhea within the last 2 weeks prohibited.
4. Only service animals permitted in the facility.
5. Use by anyone under the influence of alcohol or drugs prohibited.
6. Cleansing shower required before pool entry.
7. No food, gum or beverages permitted on the deck.
8. Persons 12 years old and under unable to walk or swim in 4 ft of water with ease; Children under age 6; Persons in floatation devises; and Non-swimmers must stay within an arm's reach of an accompanying adult.
9. Persons 12 years old and under must be accompanied onsite by responsible adult observer.
10. Persons 13-17 years old must not swim alone.
11. A protective covering must be worn over diapers.
12. Diapers must be changed at designated diaper changing areas (locker room).
13. Anyone with seizure, heart or circulatory problems must swim with a buddy.
14. No intentional hyperventilation, or repetitive/competitive breath holding.
15. Using inappropriate words and gestures is prohibited.
16. Swimmers under 18 must take a swim test to be in the dive well.
17. Only dive in designated areas and follow diving rules.
18. Only swimsuits are permitted - no cut offs, t-shirts, etc.
20. No glass containers on pool deck or in locker rooms.
21. Do not hang, sit, or stand on the lane ropes and equipment; they are for competitive use only.
22. Snorkels and scuba masks not permitted.
23. Interfering with or distracting lifeguards is prohibited.
24. Persons refusing to follow lifeguard directions or obey rules are subject to removal from pool.

Emergency Phone and FIRST AID KIT located in
POOL OFFICE
the AED is located in main pool hallway.