

Puyallup H.S. Pool Rules

- 1** Horseplay such as running, splashing, shoving and dunking prohibited.
- 2** Use by anyone with a communicable disease prohibited.
- 3** Use by anyone who has been ill with vomiting or diarrhea within the last 2 weeks prohibited.
- 4** Only service animals permitted in the facility.
- 5** Use by anyone under the influence of alcohol or drugs prohibited.
- 6** Cleansing shower required before pool entry.
- 7** No food, gum or beverages permitted on the deck.
- 8** Persons 12 years old and under unable to walk or swim in 4 ft of water with ease; Children under age 6; Persons in floatation devices; and Non-swimmers must stay within an arm's reach of an accompanying adult.
- 9** Persons 12 years old and under must be accompanied onsite by responsible adult observer.
- 10** Persons 13-17 years old must not swim alone.
- 11** A protective covering must be worn over diapers.
- 12** Diapers must be changed at designated diaper changing areas (locker room).
- 13** Anyone with seizure, heart or circulatory problems must swim with a buddy.
- 14** No intentional hyperventilation, or repetitive /competitive breath holding.
- 15** Using inappropriate words and gestures is prohibited.
- 16** Swimmers under 18 must take a swim test to be in the dive well.
- 17** Only dive in designated areas and follow diving rules.
- 18** Only swimsuits are permitted - no cut offs, t-shirts, etc.
- 19** Only coast guard approved flotation devices permitted in pool.
- 20** No glass containers on pool deck or in locker rooms.
- 21** Do not hang, sit, or stand on the lane ropes and equipment; they are for competitive use only.
- 22** Snorkels and scuba masks not permitted.
- 23** Interfering with or distracting lifeguards is prohibited.
- 24** Persons refusing to follow lifeguard directions or obey rules are subject to removal from pool.

**Emergency Phone and FIRST AID KIT located in
POOL OFFICE
the AED is located in main pool hallway.**